

Fracture Care



We Treat All Fractures in the Forearm, Wrist and Hand

-After evaluation, we will determine if your fracture can be treated conservatively or needs surgical intervention.

Dr. Shenassa uses the most advanced minimally invasive techniques to get his patients back to normal activity levels, including sports, in the shortest amount of time.

Post operative immobilization is minimal, with a focus on starting early range of motion exercises in therapy.

Common Fractures Treated

- Radius and Ulna
- Scaphoid
- Metacarpals
- Phalanges

Distal Radius Open Reduction Internal Fixation Surgery

David Shenassa M.D.



POST OPERATIVE INSTRUCTIONS AND EXPECTATIONS:

1. YOUR ARM AND HAND WILL BE IMMOBILE AND NUMB FOR AT LEAST 8-12 HOURS UNTIL THE BLOCK WEARS OFF.
2. KEEP YOUR DRESSING CLEAN AND DRY. DO NOT REMOVE.
3. APPLY ICE TO YOUR WRIST AT LEAST 3 TIMES DAILY FOR 20 MINUTES EACH TIME.
4. YOUR FINGERS WILL BE STIFF, MOVE THEM AS MUCH AS POSSIBLE.
5. EXPECT TO HAVE PAIN, TAKE YOUR MEDICATIONS AS NEEDED.
6. YOU SHOULD HAVE YOUR FOLLOW UP APPOINTMENT IN 24-72 HOURS

Traumatic multiple proximal phalanx fractures

