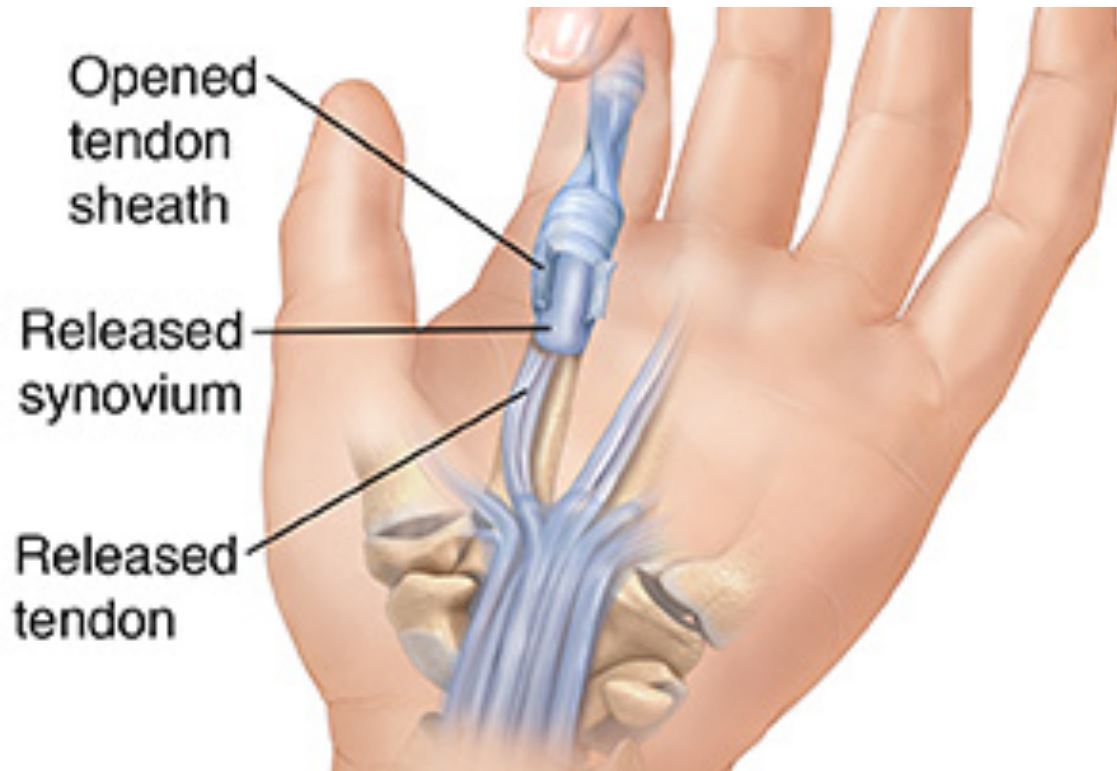


Trigger Finger Surgery

DAVID SHENASSA M.D.



POST OPERATIVE INSTRUCTIONS AND EXPECTATIONS:

1. YOUR FINGERS WILL BE NUMB AND TINGLING FOR AT LEAST 12-24 HOURS AFTER YOU GO HOME. THAT IS NORMAL.
2. KEEP YOUR DRESSING CLEAN AND DRY. DO NOT REMOVE.

3. APPLY ICE TO YOUR HAND AT LEAST 3 TIMES DAILY FOR 20 MINUTES EACH TIME.
4. YOUR FINGERS WILL BE STIFF, MOVE THEM AS MUCH AS POSSIBLE.
5. EXPECT TO HAVE PAIN, TAKE YOUR MEDICATIONS AS NEEDED.
6. YOU SHOULD HAVE YOUR FOLLOW UP APPOINTMENT IN 24-72 HOURS